Adult Services at Texana Center

Access to the Texas System for Developmental Disabilities Services in Fort Bend County

Who can receive services?

- The State has a system of care for people with developmental disabilities and related conditions.
- Intellectual Developmental Disability (IDD) is a disability evident during childhood, and that is expected to be lifelong and require ongoing services.

Who can receive services?

The person may have a diagnosis of

- Pervasive Developmental Disorder, such as Autistic Disorder, or
- Mental Retardation, or
- Related Condition (such as Cerebral Palsy) and meet the eligibility for specific Medicaid Programs (ICF/MR, HCS, TxHmL)

What entities make up the system of care?

- The Health and Human Services Commission (HHSC)
  - **The Department of Aging and Disability Services (DADS)**
    - **Local Mental Retardation Authorities (MRAs)**
  - The Department of Family and Protective Services (DFPS)
  - The Department of State Health Services (DSHS)
  - The Department of Assistive and Rehabilitative Services (DARS)

- The Texas Education Agency (TEA)
- A network of private providers and
- Faith-based and non-profit organizations

Local Mental Retardation Authorities (MRAs)

- **The Law**: Texas requires local agencies and organizations “to the greatest extent possible” to be responsible for community-based services for persons with developmental disabilities and behavioral health needs
- **39 MRAs** throughout the State
- **Texana Center** is the MRA for Fort Bend County and 5 rural counties (Austin, Colorado, Matagorda, Waller, Wharton)

Department of Aging and Disability Services (DADS)

- DADS administers most of the programs for individuals eligible for DD services.
  - Administers Medicaid Waiver Programs
  - Maintains Interests Lists for Medicaid Programs
  - Operates State Supported Living Centers (State MR Facilities)
  - Oversees community based ICF/MR facilities
  - Coordinates with other agencies (DARS, DSHS, etc)
  - Contracts with Local Mental Retardation Authority (MRA – Texana Center) and private providers

Programs under DADS

Community

- Services provided while an individual lives in their own home, family home, or small group home setting.
- Includes Medicaid Waiver Programs – Home and Community Based Services (HCS) or Texas Home Living (TxHmL)
- Includes Non Medicaid Services (State funded-General Revenue).

Residential

- Nursing Facilities
- Hospice
- ICF/MR's (Community Based or SMRF – State Supported Living Centers)

Texana Center as the Local MRA has Two Roles

- The MRA is the ***Front Door*** for All Intellectual Developmental Disabilities Services (In Fort Bend County, access to all IDD services (Community and Residential, Medicaid and State GR Funded) is through Texana Center.
- The MRA is the ***Provider Safety Net*** for Non-Medicaid (State GR Funded). Serves as the Safety Net while individuals wait for enrollment into Medicaid Funded programs.

Texana Center as the *FRONT DOOR*

- **Intake** – Inform individuals about services (includes placing individuals on Interest List for the HCS Medicaid Waiver program)
- **Eligibility Determination** – Psychological Testing for diagnosis of MR, PDD, or related condition
- **Service Coordination** – Once enrolled, staff is assigned to coordinate and monitor on-going services and supports.

Texana Center as the *FRONT DOOR*

- Enrollment into Medicaid Programs (HCS, TxHmL)
- Placement into ICF/MR or State Supported Living Center
- In Home and Family Support Program
- Help with Transition (School to Adult) Services
- Explain service options to people who live at SSLCs
- Monitor people who discharge from State Facilities
- Help families of children find alternatives to institutional care

Texana Center as the *FRONT DOOR*

- **HCS Interest List -** Each MRA maintains the Interest List for Home and Community Based Medicaid Waiver Program (HCS) for persons residing within their local service area (counties). Enrollment offers are based on the Statewide List.
- **Facts about the HCS Interest List**
  - 50,000 + people statewide are on HCS Interest List
  - Eligibility: Has either (1) mental retardation or (2) have a related condition (such as autism), and deficits in adaptive behavior and Full Scale IQ of 75 or below, AND Qualifies for Medicaid (Parent income is waived for HCS enrollment)
- **Call the MRA for your County of residence to be placed on the HCS Interest List (Fort Bend – 281-239-1363, Mary Sotelo)**

Texana Center as the Provider Safety Net

- Services are offered based on need.
- Services are limited based on cost.
- Individuals pay according to their maximum ability to pay (sliding fee). (Ability to pay is based on the income of the individual, age 18 and older; Ability to pay is based on the income of the parent of the individual under age 18.
- There are waiting lists for some services.
- The State sets limits on the amount of services allowed.

Texana Center as the Provider Safety Net

General Revenue:

- **Community Support**
- **Respite**
- **Employment Assistance**
- **Supported Employment**
- **Behavior Support**
- **Nursing**
- **Day Habilitation**

Special Programs:

- **In Home Family Support (Up to $2,500 flexible funds per year)**
- **Texana Center has the flexibility of using local funding to develop programs to meet the unique needs of their local service area.**

What is the difference between HCS and Provider Safety Net Services?

- **Choice of Provider**. For HCS, there are 200+ Agencies Statewide. For Provider Safety Net, the MRA is the entity contracted with the state to provide state funded services in their area. MRAs may choose to contract the state dollars through a network of providers, or may choose to employ the providers and operate programs.
- **Quantity**. For HCS, limits are based on need. For Provider Safety Net, for MRA state funded services are limited based on $$.
- **Services**. Similar types, but HCS includes Residential (group homes, foster care).

Community Supports

Community Supports is a service provided to people who live in their own home or their family's home, which may include helping or teaching to cook or shop, teaching social skills, helping someone to participate in their community, or teaching daily living skills.

Respite

- The service is to relieve primary care givers. Each MRA is required to provide respite. Each MRA determines amount and type (in-home, facility, contract) based on local needs and available resources.
- Texana Center provides facility (home in Rosenberg), contract, or in-home for up to 70 hours or 7 days for enrolled individuals.
  - Annie Autrey, 281-238-1710

Employment Assistance and Supported Employment

- Helping people find jobs; job coaching to help them keep their jobs.
- Available only after graduation.
- Must first access these supports through DARS.
- Texana Center typically continues these services for adults through General Revenue funds after DARS.

Behavioral Support

- Provides for a licensed psychologist or certified behavior analyst to help identify ways to improve or modify behavior.
- Includes development of behavior plans.
- Includes training for parents or staff.
- Behavior Treatment and Training Center Outreach Program
  - David Whitcher, 281-239-1328

Nursing

Nursing services include

- medication administration,
- monitoring health conditions, and
- providing training to staff, individual or family members.

Focus is prevention. Typically provided to individuals with complex medical needs who receive services in a Texana Center program site.

Day Habilitation

- Day Habilitation is provided for up to six hours a day, five days a week.
- Group setting, similar to classroom.
- Training in socialization, self-help skills, and community skills.
- Social Leisure.
- Costly service with waiting lists for state funded services in most areas.
- Private Facilities in area for Private Pay
- DAHS (Day Activity and Habilitation Services)

Texana Center Day Habilitation Programs in Fort Bend County

- **Texana Learning Center at Missouri City**
  2715 Cypress Point
  Missouri City, TX 77459
  281.403.8400
- **Texana Learning Center at Rosenberg**
  4706 Airport Ave.
  Rosenberg, TX 77471
  281.238.1780

Special Programs (All MRAs) - In Home and Family Support

- Annual assistance of up to $2,500 can be used to pay for specialized equipment, home modifications, medical services, personal attendant services, training, and respite
- Assistance must be necessary to help the individual to maintain or improve his or her ability to live in the community
- Texana Center annual allocation from DADS is $116,000
  - Petra Jansky, 281-239-1416

Special Programs - BTTC Residential

- Short-term residential services in a highly structured environment at the Center's six-bed group homes (ICF/MR) with intensive training by behavior analyst.
- Services: Functional Behavioral Assessment; Behavior Analysis and Transition Services; and Family Training.
- Goal: To help children return to their own home with an improved quality of life.
- Location: 1818 Collins Road, Richmond, Texas (77469

Special Programs - BTTC Day Program

- Provides applied behavior analysis (ABA) techniques under the supervision Certified Behavior Analysts.
- Eligibility: A diagnosis of one of the Pervasive Developmental Disorders (autism spectrum disorders) or mental retardation. Serving ages 2-8, limited positions for children ages 10 – 18.
- Hours: M-F, Full Time: 8:30-3 ; Part Time: 8:30-11:30 or 1-4.
- Private Pay. Limited tuition assistance available through grant funds.
- Location: 4910 Airport, Rosenberg, TX 77471

What If We Don't Currently Need Services?

- **Prepare for future enrollment:** Each MRA provides services that your family member may need in the future, including Respite. Prior to receiving these services, your family member must be determined eligible through the Intake Process. Completing the Intake Process ensures that your family member is eligible when you are ready or need to enroll.
- **Learn about other resources:** Through the Intake Process, you will be provided information about many community resources and programs.
- **Placement on Interest Lists:** Receive assistance in placing your family member on statewide waiting lists for Medicaid Waiver programs (Examples are the HCS, CLASS, and MDCP programs.)

What is typically involved in enrollment?

- Call Texana Center (281-342-0090) and request an intake
- Share demographic and diagnostic information during an Intake/Screening phone call or meeting
- Complete an Intake Assessment and return it to the Texana
- Provide copies of psychological tests, school records and medical records
- Complete an *Evaluation (DMR)* with the Texana Center Psychologist
- Meet with a Service Coordinator to develop a Person Directed Plan and to complete Financial Assessment
- Participate in an Enrollment Meeting OR
  - Request to be added to a waiting list for the Texana Center service that you are requesting

For Additional Information

- Sheri Talbot, Authority Services Director, IDD Services, Texana Center
  - Sheri.talbot@texanacenter.com
  - 281-239-1386
- Mary Sotello, Intake Coordinator, IDD Services, Texana Center
  - Mary.sotelo@texanacenter.com
  - 281-239-1363
- Tim Jones, Transition Coordinator, IDD Services, Texana Center
  - Tim.jones@texanacenter.com
  - 281-239-1387
- DADS Access and Intake Community Options book
  - http://www.dads.state.tx.us/providers/community_options.pdf